



### **CLIENT Informed Consent:**

I understand that COVID-19 is highly contagious and still present in the community where I am seeking massage therapy. I understand that COVID-19 is passed through close contact with others and that people without symptoms may be infectious. I understand that Amy Wilson Massage and Yoga has taken every precaution to ensure my health and safety, but that risk of infection is still possible

### **HIGH-RISK CLIENT awareness/consent:**

I understand that the health conditions listed below place me at higher risk for serious COVID-19 infection. If I have one of these conditions, I should forgo massage therapy while COVID-19 is still present in my community or obtain my physician's consent. Should I decide to proceed with massage therapy I assume all risk related to COVID-19 infection.

**The CDC estimates that 88% of people who require hospitalization for COVID-19 have one or more of these underlying conditions:**

- People 65 years or older
- People who live in a nursing home or long-term care facility
- Chronic lung diseases
- Moderate to severe asthma
- Cardiovascular conditions
- Compromised or suppressed immunity
- Severe obesity (BMI 30 or higher)
- Diabetes (Type 1 or 2)
- Chronic kidney diseases undergoing dialysis
- Liver diseases

We believe clients with these conditions should consult with their primary care physician before receiving massage.

### **Wellness Check**

I agree to all of the following statements below:

- I have not a temperature of 100.4° F or higher in the past 72 hours.
- I have not any cold or flu-like symptoms (fever, cough, shortness of breath) in the past 14 days.
- I have not knowingly been in contact with anyone diagnosed with COVID-19 in the past 14 days.
- I have not been outside of the state (PA) or the U.S. in the past 14 days.
- In the event I contract COVID-19, I will inform my therapist as soon as possible.

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Client

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Date